

MPS Reopening Information, March 2021

MPS will be open on Wednesdays and Thursdays in March. The center will only be open for socially distanced indoor groups and barn time. The following groups will be held and simultaneously offered online.

Wednesdays

- Open for arrival at 12:30 PM
- Isolation Support from 1:00--2:30 PM
- Barn time from 2:30--4:00 PM
- Check Out at 4:00 PM
- Barn time from 4:00-5:00 PM
- Beyond Bipolar & Depression Support 5:00--6:30 PM
- Close at 6:30 PM

Thursdays

- Open for arrival at 11:30 AM
- Hearing Voices Network-USA from 12:00--1:30 PM
- Barn Time from 1:30--2:00 PM
- Trauma Survivors from 2:00-3:30 PM
- Barn Time from 3:30 PM--4:00 PM
- Check Out at 4:00 PM
- Barn time from end of Check Out until 5:00 PM
- Close at 5:00 PM

All other groups, including Check In and Check Out on all other days, will remain online only. Participants who are not comfortable attending in-person groups will still have the opportunity to join virtually.

When a group is being held, any members and participants not attending the group will be asked to leave MPS due to our spatial constraints; groups will be held in the barn where there is enough room. Check In and Check Out will still be virtual, with the exception of Wednesday's and Thursday's Check Out.

Requirements:

Before the Group:

- Sign-up: Members are asked to sign up for groups or barn time in advance. **If a group does not have 2 or more members 2 hours before a group then the group will be cancelled.** If a group does not happen due to low attendance, MPS will not be open during the time of the group.
- Things to do before arriving: If possible, take your own temperature at home. If

you are above 100 degrees or display any symptoms (fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea) then DO NOT COME TO MPS.

Upon arrival at MPS

- Temperatures: Temperatures will be taken. If a member or staff has a temperature at or above 100 degrees they will be asked to go home. Temperatures above 99 degrees will be double checked, if temperature is still above 99 degrees then it will be retaken at the first break.
- Masks: Masks will be worn at all times, and masks will be made available.
- Social Distancing: Members and employees will remain 6 feet apart at all times.
- Hand sanitizer: Will be available. All members and staff will use hand sanitizer upon arrival and hand sanitizer will be available throughout group and barn time.
- Members will sign the attached indemnification agreement & fill out a medical questionnaire. The indemnification agreement only needs to be filled out once; the medical questionnaire needs to be filled out every time members come to MPS.

During group:

- Members, participants, and employees will sneeze or cough into their elbow and immediately use hand sanitizer.
- MPS will provide water that will be available in the kitchen, but please bring your own reusable water bottle
- The kitchen will be available to get water or to use the bathroom. The upstairs bathroom will not be available.
- Members, participants, and staff will all be six feet apart from each other and the room will be ventilated at regular intervals

Bathroom use-

- After using the bathroom the member or staff will wash their hands with soap and warm water for at least 20 seconds.
- The member will sanitize any areas they have touched using the provided cleaning supplies and paper towels.
- The member will wash their hands again with soap and water.
- Only the bathroom in the house in the kitchen will be used.
- Bathrooms will be fully cleaned by staff at regular intervals.

IMPORTANT:

If members do not follow these guidelines, or reasonable requests from staff and other members present, they will be:

1. Asked to leave for the day. MPS will allow members who have been asked to leave to

come back the next day. Refusal to leave may result in no-trespassing order and will result in 1 year suspension.

2. MPS will suspend members if they continue a second time to not follow these guidelines until the end of the COVID-19 pandemic.

Staff who do not follow these guidelines, or who do not enforce them, will be held in accordance with the MPS disciplinary policy.

MPS will not be providing

- Food
- Transportation
- Access to computers
- Access to washer and dryer
- Showers

Assumption of the Risk and Waiver of Liability Relating to Coronavirus/COVID-19

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people.

Monadnock Area Peer Support Agency ("MPS or the center") has put in place preventative measures to reduce the spread of COVID-19; however, MPS cannot guarantee that you will not become infected with COVID-19. Further, attending MPS could increase your risk of contracting COVID-19.

I, _____ (print name) acknowledge the contagious nature of the Coronavirus/COVID-19 and that the CDC and many other public health authorities still recommend practicing social distancing. I further acknowledge that MPS has put in place preventative measures to reduce the spread of the Coronavirus/COVID-19. _____ (initials)

I further acknowledge that MPS can not guarantee that I will not become infected with the Coronavirus/Covid-19. I understand that the risk of becoming exposed to and/or infected by the Coronavirus/COVID-19 may result from the actions, omissions, or negligence of myself and others, including, but not limited to, staff and other members. _____ (initials)

I voluntarily seek services provided by MPS and acknowledge that I am increasing my risk to exposure to the Coronavirus/COVID-19. _____ (initials)

I acknowledge that I **must comply with all set procedures to reduce the spread while attending MPS.** _____ (initials)

I attest that (initial all to confirm):

- _____ I am not experiencing any symptom of illness such as fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea
- _____ I have not traveled internationally within the last 14 days.
- _____ I have not traveled to a highly impacted area within the United States of America in the last 14 days.
- _____ I do not believe I have been exposed to someone with a suspected and/or confirmed case of the Coronavirus/COVID-19.
- _____ I have not been diagnosed with Coronavirus/Covid-19 and not yet cleared as non contagious by state or local public health authorities.
- _____ I am following all CDC recommended guidelines as much as possible and limiting my exposure to the Coronavirus/COVID-19.

I understand that failure to comply with the responsibilities, requirements, and requests dictated by MPS or staff will result in being asked to leave. I understand that repeated violations will result in suspension. _____ (initials)

I hereby release and agree to hold MPS harmless from, and waive on behalf of myself, my heirs, and any personal representatives any and all causes of action, claims, demands, damages, costs, expenses and compensation for damage or loss to myself and/or property that may be caused by any act, or failure to act of the center, or that may otherwise arise in any way in connection with any services received from MPS. I understand that this release discharges MPS from any liability or claim that I, my heirs, or any personal representatives may have against the center with respect to any bodily injury, illness, death, medical treatment, or property damage that may arise from, or in connection to, any services received from MPS. This liability waiver and release extends to MPS together with all board members, employees, and funders.

X_____ Date:
Member signature

X_____ Date:
Staff signature acknowledging receipt